



Wound Care

Some bleeding will occur following surgery. To reduce the possibility of bleeding, restrict activities today and spend the rest of the day resting. Avoid stooping, bending, heavy lifting and exercising until sutures are removed. Any bleeding after surgery can be controlled with firm pressure and a surgical bandage of gauze and tape. The bandage should be changed 2-3 times a day, depending on the amount of drainage from the wound. If the wound is extremely swollen, red, inflamed or bleeds excessively, please call our office.

Swelling occurs after surgery. To reduce the amount of swelling that may occur, apply an ice pack to the wound for 20 minutes per hour. Keep your bandage dry.

Leave the bandage applied by our office for 24 hours. After removing the bandage, clean the area twice a day with soap and water and apply Vaseline to the wound. DO NOT let a scab form. Keep the area moist with Vaseline. Showering is permitted 24 hours after surgery. DO NOT go swimming or submerge the area in water until the sutures have been removed.

Acetaminophen and Tylenol may be used for pain. No Aspirin, Motrin, Aleve, Naproxen should be taken as they thin the blood.

Port Orange

3951 S. Nova Road
Port Orange, FL 32127
(386) 256-1444

New Smyrna Beach

105 N. Duss Street
NSB, FL 32168
(386) 888-4916

Winter Park

1840 Greenwich Avenue
Winter Park, FL 32789
(407) 644-4212

Okeechobee

1004 Parrott Avenue
Okeechobee, FL 34972
(863) 226-5466